

BRENTON BAUGH

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EDUCATION

Bachelor of Science in Exercise Science May 2021

Shenandoah University, Winchester, VA: Cumulative GPA: 3.4

(Post-Graduate in MBA Classes)

Shenandoah University, Winchester, VA

Virginia Commonwealth University, Richmond, VA

Attended: August 2016 - December 2017

Earned 48 Credits Cumulative GPA: 3.0

RELEVANT EXPERIENCE

Assistant Tennis Instructor

- Petersburg Country Club, Petersburg, VA: May 2016 - Present
- Winchester Country Club, Winchester, VA: January 2019 - Present
- Navy Tennis Academy, Annapolis, MD: Summer of 2018, 2019, 2021
- Camp Equinunk, Equinunk, PA: Summer 2021
- John McEnroe Academy, Long Island, New York 2021- Present
 - Facilitated clinics/camps for children ages 5 to 12 years old
 - Provided private lessons to high school students with special needs
 - Communicated with parents on children's progress and development
 - Maintained facility courts for repair and restoration

Assistant Karate Instructor June 2011 - Present

Aaron N. Sumpter Okinawan Karate School, Petersburg, VA

- Teach Kata (form) to groups of youth and adults
- Create or follow pre-set lesson plans for group instruction
- Lead groups in stretching and preventative movements to avoid injury

Kids Club, Winchester, VA

- Mentored children ages 6 to 13 years old
- Supported children with academic needs
- Organized physical activities to promote a healthy lifestyle

Mentor/Intern October 2018 - May 2019

Explosive Performance. May - December 2020

- Training Athletes & General Pop For Fitness Trainer

NFPT Certified Personal Trainer May 2020- Present

- Work with athletes and general pop to reach fitness goals
- Comfortable working with clients both in person & online

ATHLETIC EXPERIENCE

Shenandoah University Tennis Team (Captain) January 2018 - Present

- Completed volunteer opportunities twice a semester

Study Martial Arts: Karate, Judo, MMA April 2001- Present

-Currently reached 3rd Black-Belt Ranking In Karate

CAMPUS INVOLVEMENT

SU Men United for Excellence Program

March 2018 - Present

SU Debate Team

October 2019 - Jan 2020

VCU Wildlife Program

August 2016 - May 2017

VCU Lead Program

August 2017- December 2017

SKILLS

- Basic knowledge of Spanish, written and verbal
- Emotional Intelligence, Coachable, Leadership
- Knowledgeable on many technological resources